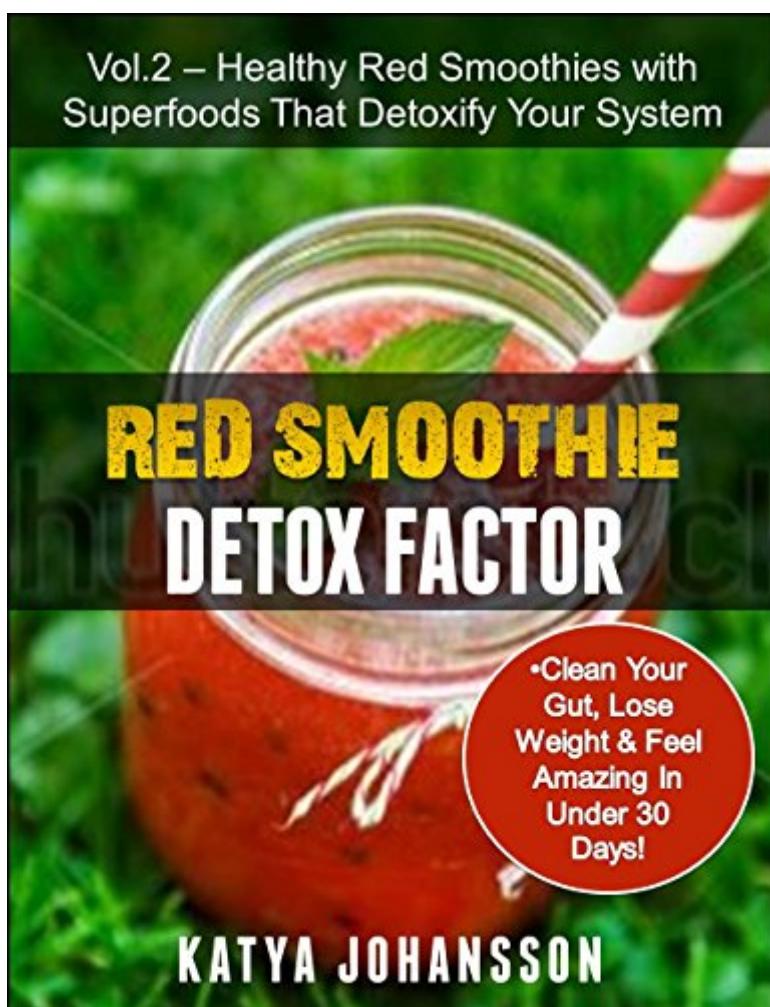


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# **Red Smoothie Detox Factor: Red Smoothie Detox Factor (Vol. 2) - Healthy Red Smoothies With Superfoods That Detoxify Your System**





## Synopsis

Red Smoothie Detox Factor - Vol. 2Get 35 NourishingÂ Red Smoothie Detox RecipesÂ W/ Superfoods,Â That:CleanÂ Your Gut`Help YouÂ Lose WeightFeel Amazing InÂ Under 30 Days!Load Up On Nutrients With Supefoods Red SmoothiesSuperfoods + Red Smoothie Detox = Better Overall Health!"Super Foods" - are health foods containing huge amounts of nutrients. They are the most powerful type of food - the most concentrated and feeder available. The dominant feature of these foods is to relieve symptoms of many diseases. They have the ability to heighten energy levels and vitality and are an optimal choice to strengthen the immune system and to improve overall health. Superfoods, stimulate sexuality and support detoxification of the body. They supply much of the body's needs in protein, vitamins, minerals and essential fatty acids, and this is just the tip of the iceberg..."Superfoods" feed us at a very deep level. They allow us to get more nutritional food in less quantity. They help over time to strengthen the brain, bones, and the immune system. Here Are Some of The Red Smoothies Inside ThisÂ Book:1. Red Smoothie with Blueberries2. Red Smoothie with Strawberries3. Beet smoothie with almonds4. Grapes Smoothies with Avocado5. Red Berry Smoothie with Chia6. Cherry Smoothie with coconut7. Red Grapes Smoothie with Green Tea8. Tomato Smoothie with Carrots9. Red Smoothie with Apricots10. Summer fruit Smoothie11. Strawberry Smoothie with Dark Chocolate11. Red Smoothie with Soy Milk12. Strawberry Smoothie with Pumpkin13. Beetroot and Plums Smoothie with walnuts14. Red gazpacho smoothie15. Beetroot Smoothie with Pears16. Spirulina smoothie17.Â Almonds and Pomegranate Smoothie18. Spinach, Watermelon and Fennel19. Goji Berry and Watermelon20. Indian style21. Health smoothie with Yogurt22. Frozen Banana Health SmoothieWith Nuts23. Apple Strawberry Smoothie24. Fruit and Veggie Red Smoothie25. Honey Superfood Smoothie Recipe26. Lychee Kiwi Smoothie27. Root Vegetable Smoothie with Orange28. Blueberry Fig29. Oatmeal Raisin Smoothie30. Sage Mango Smoothie31. Red Bell Pepper Smoothie with Ginger32. Red Cabbage with Hemp Seeds33. Berries and Maca Root Powder34. Avocado Smoothie with Rice Milk35. Red Vanilla SmoothieAnd More!Grab your copy now - For 100% Free when getting The paperback version!â—ºÂ Hurry Up And Buy A Paperback copy to take advantage of this amazing deal!â—„,

## Book Information

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